



November 2025 Support Group Meeting Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3  	4 10:00-11:30 *General Support with **Brain Fitness 1:30—3:00 #Lewy Body Disease Support, Hybrid	5 5:30-7:00 Adult Children Support, Online Only	6 10:00-11:30 *General Support with **Brain Fitness 1:30-3:00 *General Support with **Brain Fitness	7 9:30-11:00 Self Care, 12 Step, Email <i>Karen@Support.Network</i> 10:00-11:30 Marco Island Support, in person only at Watermark
10 #Frontotemporal (FTD) Support, Hybrid Link	11 10:00-11:30 *General Support with **Brain Fitness 1:30-3:00 #Early Stage Support, Hybrid	12 3:30-5:00 Professional Caregivers Support, Hybrid	13 10:00-11:30 *General Support with **Brain Fitness 1:30-3:00 *General Support with **Brain Fitness	14 9:30-11:00 Self Care, 12 Step, Email <i>Karen@Support.Network</i> 9:30-11:00 Grief AFTER the Journey Support, Hybrid
17	18 10:00-11:30 *General Support with **Brain Fitness 1:30-3:00 #Vascular Dementia Support, Hybrid	19 5:30-7:00 Adult Children Support, Online Only	20 10:00-11:30 *General Support with **Brain Fitness 1:30-3:00 *General Support with **Brain Fitness	21 9:30-11:00 Self Care -12 Step, Email <i>Karen@Support.Network</i> 9:30-11:00 Grief THROUGH the Journey Support, Hybrid
24 4:00-5:30 Male Caregiver Support, Hybrid Link	25 10:00-11:30 *General Support with **Brain Fitness 1:30-3:00 #Early Stage Support, Hybrid	<div style="text-align: center;">  Office Closed for Thanksgiving All Support Groups and Programs are canceled for the holiday November 26, 27, and 28 Feel free to call 239 263-8388 or Email: Help@support.network See website for updates: www.support.network <i>We are thankful that you share your lives with us!</i> </div>		

This page lists the Support Groups Only.

Please see the next document for additional opportunities for Education and Engagement

****General Support Groups are on Tuesdays and Thursdays at 10, and on Thursdays at 1:30.***

All meetings are Hybrid (In person and online)

*****Brain Fitness Center provides fun and meaningful activities in another room for your loved one with brain change while you attend the General Support Group meetings (not a “drop-off” program).***

Please note the many other Support Groups designed for those dealing with specific issues. #Those meetings marked with # welcome the person with brain change and/or the care partner.

***Support Groups are open to all family caregivers and friends.
No reservations are necessary.***

There is never any fee for our services!