

# December 2025 Support Group Meeting Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 	<b>2</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b> 1:30—3:00 <b>#Lewy Body Disease Support, Hybrid</b>	<b>3</b> 5:30-7:00 <b>Adult Children Support, Online Only</b>	<b>4</b> 10:00-11:30 <b>*General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>*General Support</b> with <b>**Brain Fitness</b>	<b>5</b> 9:30-11:00 Self Care, 12 Step, Email <b>Karen@Support.Network</b> 10:00-11:30 <b>Marco Island Support, in person only at Watermark</b>
<b>8</b> 10:00-11:30 <b>#Frontotemporal (FTD) Support, Hybrid Link</b>	<b>9</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>#Early Stage Support, Hybrid</b>	<b>10</b> 3:30-5:00 <b>Professional Caregivers Support, Hybrid</b>	<b>11</b> 10:00-11:30 <b>*General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>*General Support</b> with <b>**Brain Fitness</b>	<b>12</b> 9:30-11:00 Self Care, 12 Step, Email <b>Karen@Support.Network</b> 9:30-11:00 <b>Grief AFTER the Journey Support, Hybrid</b>
<b>15</b>	<b>16</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>#Vascular Dementia Support, Hybrid</b>	<b>17</b> 5:30-7:00 <b>Adult Children Support, Online Only</b>	<b>18</b> 10:00-11:30 <b>*General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>*General Support</b> with <b>**Brain Fitness</b>	<b>19</b> 9:30-11:00 Self Care -12 Step, Email <b>Karen@Support.Network</b> 9:30-11:00 <b>Grief THROUGH the Journey Support, Hybrid</b>
<b>22</b>	<b>23</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>#Early Stage Support, Hybrid</b>	 <b>Office Closed for the Holidays</b> <b>All Support Groups and Programs</b> <b>Are canceled for the holidays</b> <b>December 24, 25, 26 and 31</b> Please feel free to call 239 262-8388 Email: Help@support.network See website for updates: www.support.network 		
<b>29</b>	<b>30</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b>	<b>31</b> <b>OFFICE CLOSED</b>	<b>May you find</b> <b>Some Measure of Peace and Joy this</b> <b>Holiday Season!</b>	

**This page lists the Support Groups Only.**

**Please see the next page for additional opportunities for Education and Engagement**

**\*General Support Groups are on Tuesdays and Thursdays at 10, and on Thursdays at 1:30.**

**All meetings are Hybrid** (In person and online)

**\*\*Brain Fitness Center** provides fun and meaningful activities in another room for your loved one with brain change while you attend the **General Support** Group meetings (not a “drop-off” program).

**Please note the many other Support Groups designed for those dealing with specific issues. #Those meetings marked with # welcome the person with brain change and/or the care partner.**

**Support Groups are open to all family caregivers and friends.**  
**No reservations are necessary.**

**There is never any fee for our services!**

**Alzheimer's Support Network 1421 Pine Ridge Rd, Suites 100 and 230, Naples, FL 34109**