


# February 2026 Support Group Meeting Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 	<b>3</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b> 1:30—3:00 <b>#Lewy Body Support, Hybrid Link</b>	<b>4</b> 5:30-7:00 <b>Adult Children Support, Online Only</b>	<b>5</b> 10:00-11:30 <b>*General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>*General Support</b> with <b>**Brain Fitness</b>	<b>6</b> 9:30-11:00 Self Care, 12 Step, Email <b>Karen@Support.Network</b> 10:00-11:30 Marco Island Support, <i>in person only</i> at Watermark
<b>9</b> 10:00-11:30 <b>#Frontotemporal (FTD) Support, Hybrid Link</b>	<b>10</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>#Early Stage Support, Hybrid</b>	<b>11</b> 3:30-5:00 <b>Professional Caregivers Support, Hybrid Link</b>	<b>12</b> 10:00-11:30 <b>*General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>*General Support</b> with <b>**Brain Fitness</b>	<b>13</b> 9:30-11:00 Self Care, 12 Step, Email <b>Karen@Support.Network</b> 9:30-11:00 <b>Grief AFTER the Journey Support, Hybrid</b>
<b>16</b> <b>OFFICE CLOSED for President's Day</b>	<b>17</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>#Vascular Dementia Support, Hybrid Link</b>	<b>18</b> 5:30-7:00 <b>Adult Children Support, Online Only</b>	<b>19</b> 10:00-11:30 <b>*General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>*General Support</b> with <b>**Brain Fitness</b>	<b>20</b> 9:30-11:00 Self Care -12 Step, Email <b>Karen@Support.Network</b> 9:30-11:00 <b>Grief THROUGH the Journey Support, Hybrid</b>
<b>23</b>	<b>24</b> 10:00-11:30 <b>**General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>#Early Stage Support, Hybrid</b>	<b>25</b> 10:00-11:30 <b>NEW Support for Families of Someone in a Care Community, Hybrid Link</b>	<b>26</b> 10:00-11:30 <b>*General Support</b> with <b>**Brain Fitness</b> 1:30-3:00 <b>*General Support</b> with <b>**Brain Fitness</b>	<b>27</b> 99:30-11:00 Self Care, 12 Step, Email <b>Karen@Support.Network</b> 9:30-11:00 <b>Grief AFTER the Journey Support, Hybrid</b>
<b>Alzheimer's Support Network</b> 1421 Pine Ridge Rd., Suite 100, Naples, FL 34109 239-262-8388 <a href="mailto:Help@support.network">Help@support.network</a> <a href="http://support.network">http://support.network</a>				<b>Plan Ahead!</b> <b>Elephant Fest is Tuesday, March 3 at Naples Botanical Garden</b>

**This page lists the Support Groups Only.**

**Please see the next page for additional opportunities for Education and Engagement**

**\*General Support Groups are on Tuesdays and Thursdays at 10, and on Thursdays at 1:30.**

**All meetings are Hybrid (In person and online)**

**\*\*Brain Fitness Center provides fun and meaningful activities in another room for your loved one with brain change while you attend the [General Support](#) Group meetings (not a "drop-off" program).**

**Please note the many other Support Groups designed for those dealing with specific issues. #Those meetings marked with # welcome the person with brain change and/or the care partner.**

**Support Groups are open to all family caregivers and friends.**

**No reservations are necessary.**