



## Alzheimer's Support Network

1421 Pine Ridge Road, Naples, FL 34109  
239 262-8388 Help@support.network http://Support.Network

### Spotlight for June 2026

**The Exciting Event in June is the *Teepa Snow Training Day!* As an involved Board Member of the Alzheimer's Support Network, Teepa has kindly consented to spend the day in Naples on **Wednesday, June 17th** using her amazing training skills to improve the care for all people with Brain Change in Collier County. While that sounds like a huge goal, Teepa will be doing workshops with NCH hospital staff, managers and direct care workers of area Care Communities and Home Health Agencies and a special presentation for **Us: families and friends dealing with Brain Change as well as the general public who would like to learn more.** Please see the enclosed flyer for information on the talk for **Families from 2:00—3:30 pm at the Naples United Church of Christ, 5200 Crayton Road and make a reservation by calling us at 239 262-8388.****

**At the Crossroads: Dementia and Driving with Dan Moser**  
**Wednesday, June 3rd from 10:00 to 11:30 at 1421 Pine Ridge Rd., Suite 100 or**  
**on Zoom at <https://zoom.us/j/2392628388>**

Do the words “dementia and driving” cause a strong reaction in you? It’s a difficult topic! Dan Moser’s program on Wednesday, June 3rd addresses this topic from the viewpoint of the driver as well as that of care partners. Dan is with the Dubin Center in Fort Myers. Dan has created his talk using resources from **The Hartford on Driving** as well as his own knowledge and experience as a Florida Certified Driving Instructor/Evaluator and care partner of someone with Frontal Temporal Dementia. Dan will be on Zoom and you may join him there or attend this program with others at the Network offices at 1421 Pine Ridge Road, Suite 100. **Everyone is welcome!**

**Attention Snow Birds and Travelers: Did you know that you can continue to attend your favorite support groups by Zoom? If you need help with connecting on Zoom, please let us know — preferably before the program begins! Call 239 262-8388 or email [HELP@Support.Network](mailto:HELP@Support.Network). If you receive the email versions of this letter, you may click on the link given on the calendar or flyer. We want to stay connected with you! If you are staying with adult children or friends, they are welcome too!**

**Free Tai Chi for Brain Health (Qigong)** has moved from Monday to Friday with a new instructor, Sue. All are welcome any and every Friday that the Support Network offices are open at 1421 Pine Ridge Road, Suite 230. The class is from 1:00 until 2:00 p.m. The exercises may be performed standing or seated and the class is for beginners as well as appropriate for people with brain change. The Love Yoga Center website explains: Qigong is the gateway to inner peace. The movements have many positive benefits to the body including boosting the immune system, increasing flexibility, improving balance, reducing stress and empowering your energy. You will learn simple acupuncture points to activate your own healing elixir in the body, as well as valuable anti-aging techniques. Discover the meaning of “effortless power” and how to connect the body, mind and spirit.” Why not give it a try? **Just come Fridays from 1:00-2:00 pm at 1421 Pine Ridge Road, Suite 230. You may also join the class on Zoom at <https://zoom.us/j/2392628388>**

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